**Goal Setting and Reflection Journal**

When setting goals for your project, you need to first have a detailed plan or design brief for what you what your end result to look like. What do you need to achieve?

For your overall goals to be effective, they should be ISMART goals.

**I**NSPIRING - does it make a difference

**S**PECIFIC - clear in what it achieves/make sure your goal relates to one particular outcome

**M**EASURABLE - how will you know it is achieved/ there must be a definable end point so you know exactly when the goal has been accomplished. How will you measure the achievement of the goal?

**A**CHIEVABLE - is it reasonable/you must be reasonably able to accomplish your goal.

**R**ESULTS DRIVEN - will achieving the goal bring about professional improvement

**T**IME BOUND - a suitable timeframe/ there has to be a time requirement, otherwise you goal can sit unaccomplished forever. When do you aim to achieve your goal?

 **I - S - M - A - R - T -**

For individual lesson goals, you may choose to drop the “I”. As such, they should still be SMART goals.

For the reflection part of this journal, you must as honest and ‘reflective’ as you can. This process is not only important from an assessment perspective, but will help you focus and keep your project on track.

**Digital Technology Project: Lesson Reflection**

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**After the lesson –** * How did I achieve my goals for this lesson and did I achieve them all? (Be specific - which ones did I achieve and how)
* What did I find challenging about this lesson in being able to achieve my goals? (What goals didn’t you achieve and why? Were there any other challenges that you came across?)
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